

## ZOMERROOSTER 2019 - Week 29 t/m week 35

Wknr.	ma.	di.	woe.	do.	vrij.	zo.
<b>29</b> 15 t/m 21/7	09:00 Pilates II		09:00 Pilates I/II		09:00u YIN YOGA	10:00 YIN YOGA
	10:00 Hatha Yoga 55+	<b>19:15 Power Yoga</b>	19:15 Bodyslimming	19:00 Hatha Yoga		
	19:30 Pilates I	20:30 Hatha Yoga	20:15 Hatha Yoga	20:15 Pilates II		
<b>30</b> 22 t/m 28/7	09:00 Pilates II		09:00 Pilates I/II		09:00u YIN YOGA	10:00 YIN YOGA
	10:00 Hatha Yoga 55+	<b>19:15 Power Yoga</b>	19:15 Bodyslimming	19:00 Hatha Yoga		
	19:30 Pilates I	20:30 Hatha Yoga	20:15 Hatha Yoga	<b>20:15 GEEN LES</b>		
<b>31</b> 29/7tm4/8	09:00 Pilates II		09:00 Pilates I/II		09:00u YIN YOGA	<b>10:00 GEEN LES</b>
	10:00 Hatha Yoga 55+	<b>19:15 Power Yoga</b>	19:15 Bodyslimming	19:00 Hatha Yoga		
	19:30 Pilates I	20:30 Hatha Yoga	20:15 Hatha Yoga	<b>20:15 GEEN LES</b>		
<b>32</b> 05 t/m 11/8	09:00 Pilates II		09:00 Pilates I/II		09:00u YIN YOGA	<b>10:00 GEEN LES</b>
	10:00 Hatha Yoga 55+	<b>19:15 Power Yoga</b>	19:15 Bodyslimming	19:00 Hatha Yoga		
	19:30 Pilates I	<b>20:30 GEEN LES</b>	20:15 Hatha Yoga	20:15 Pilates II		
<b>33</b> 12 t/m18/8	09:00 Pilates II		09:00 Pilates I/II	19:00 Hatha Yoga	09:00u YIN YOGA	<b>10:00 GEEN LES</b>
	10:00 Hatha Yoga 55+	<b>19:15 Power Yoga</b>	19:15 Bodyslimming			
	19:30 Pilates I	<b>20:30 GEEN LES</b>	20:15 Hatha Yoga	20:15 Pilates II		
<b>34</b> 19 t/m 25/8	09:00 Pilates II		09:00 Pilates I/II	19:00 Hatha Yoga	09:00u YIN YOGA	<b>10:00 GEEN LES</b>
	10:00 Hatha Yoga 55+	<b>19:15 Power Yoga</b>	19:15 Bodyslimming			
	19:30 Pilates I	<b>20:30 GEEN LES</b>	20:15 Hatha Yoga	20:15 Pilates II		
<b>35</b> 26/8 tm 1/9	09:00 Pilates II		09:00 Pilates I/II		09:00u YIN YOGA	10:00 YIN YOGA
	10:00 Hatha Yoga 55+	<b>19:15 Power Yoga</b>	19:15 Bodyslimming	19:00 Hatha Yoga		
	19:15 Pilates I					
	20:15 Pilates I	20:30 Hatha Yoga	20:15 Hatha Yoga	20:15 Pilates II		